

# EAST GRANBY/GRANBY LITTLE LEAGUE (EGLL)

## Covid-19 -- Guidelines and Procedures

EGLL Guidelines & Procedures MUST be followed at all times during EGLL little league activities for the 2021 season.

The guidelines and procedures are consistent with the State of Connecticut Department of Public Health (CTDPH) & CDC most current recommendations.,

If you have any questions about the EGLL Guidelines and Procedures, please contact EGLL Safety Officer, Christopher Perry at [cpmep2@att.net](mailto:cpmep2@att.net).

### **I. HEALTH PROTECTIONS & GUIDELINES**

EGLL will operate on a **ZERO TOLERANCE** policy in terms of at-risk health factors.

The following guidelines apply to managers, assistant coaches, umpires, players and all EGLL volunteers and Spectators.

Individuals suffering from the symptoms referenced below should remain home and should not attend any league activities, including practices or games.

Additionally, any manager, assistant coach, umpire, player, team volunteer or spectator who exhibits the symptoms referenced below after arriving at a little league activity shall immediately leave that activity and refrain from involvement in any team activities until cleared by medical personnel.

#### COVID-19 Typical Symptoms

- Cough
- Fever
- Shortness of Breath
- Sore Throat

#### Other At-Risk Factors

- Have exhibited signs of a fever or a measured temperature above 100.3 degrees or greater, a cough or trouble breathing within the past 24 hours.
- Have had "close contact" with an individual diagnosed with COVID-19.

"Close contact" means living in the same household as a person who has tested positive for COVID-19, caring for a person who has tested positive for COVID-19, being within 3 feet of a person who has tested positive for COVID-19 for about 15 minutes, or coming in direct contact with secretions (e.g., sharing utensils, being coughed on) from a person who has tested positive for COVID-19, while that person was symptomatic.

- Have been asked to self-isolate or quarantine by their doctor or a local public health official.

Any player or volunteer who begins feeling any of the symptoms referenced above after you have arrived at a league activity, must report this to your manager or assistant coach and MUST leave the field immediately.

- If you notice a parent, volunteer, umpire and/or player showing signs and/or complaining about such symptoms, he or she should be asked to leave the field immediately.

## **II. REQUIREMENTS OF GAME/PRACTICE PLAY**

Prior to all games, Managers from both teams are required to conduct a symptom assessment by inquiring of all assistant coaches, team volunteers and players about whether they have exhibited any of the above referenced COVID-19 symptoms. If any assistant coaches, team volunteers and players report that they have exhibited any of the following symptoms, the Manager MUST immediately ask the individual or individuals to leave the field immediately.

Prior to all games, umpires shall inquire with Managers from both teams whether they have inquired of all assistant coaches, team volunteers and players about whether they have exhibited any of the above referenced COVID-19 symptoms. The manager must report to the umpire the status of said inquiry and whether any remedial measures have been taken as a result

Any individual exhibiting the symptoms referenced above shall not to return to any little league event until cleared by a medical professional.

Cohorting of athletes during practices to minimize the number of students requiring quarantine in the event a positive test result for an athlete or coach is received in any given week.

EGGLL will schedule all PRACTICES with at least a fifteen (15) minute buffer to prevent overlap of participants and allow for time to clean and disinfect commonly used items and surfaces.

EGGLL will schedule all GAMES with at least a fifteen (15) minute buffer to prevent overlap of participants and allow for time to clean and disinfect commonly used items and surfaces.

As of May 19, 2021 players/coaches/managers/umpires are not required to face mask or cloth face covering during all EGGLL outdoor activities. But players/coaches/managers/umpires still have the personnel choice to wear a face covering/mask during games/practices and/or any other outdoor event.

Dugouts will be open to practice and game participants, but ONLY to the extent that participants are able to remain three (3) feet apart at all times

Fans and spectators are will be allowed to sit in the stands during practices and gamers, but spectators must adhere to social distancing rules in the stands. Individuals are encouraged to bring their own chair or feel free to stand along the outfield fence, observing social distancing practices.

## **III. EGGLL PROHIBITIONS**

East Granby/Granby Little League will be prohibiting the following activities during the 2021 season

Sportsmanship will be continued in a “touchless” manner. No handshakes, high fives, or any other forms of physical contact and/or personal contact celebrations will be permitted between players, managers, assistant coaches and volunteers before, during or after any EGGLL practices or games.

EGGLL is prohibiting the sharing of the following items:

- Any type of rehydration devices (i.e. water bottles), unless sharing with a sibling
- The sharing of snacks will not be permitted, unless sharing with a sibling

All managers, assistant coaches, umpires, players and all EGGLL volunteers are prohibited from spitting as spitting increases the potential for spread of COVID-19.

Players are not permitted to touch or move the personal belongings of others during practices, games or other EGGLL events.

**IV. EGGLL RECOMMENDATIONS**

When practical, EGGLL managers shall put forth their best efforts to maintain a minimum distance of 3-feet between all players, assistant coaches and volunteers.

All fans and spectators attending games shall follow best social distancing practices and maintain a minimum distance of 3 feet away from individuals.

Pre and post-game team meeting, or team huddles are discouraged and should be kept to a minimum.

Managers will keep players in small groups at practices, when applicable, to allow for physical distancing.

**If you observe a violation of these rules, and wish to report it, please contact the State of Connecticut hotline at 211.**